

Chillax Hut

TREAT YOUR MIND, BODY AND SOUL



Opening Hours:

Every Day: 10am – 8pm

Please note that all massage treatment shall be booked a day prior.

Since the Chillax Hut closes at 8pm, NO booking will be accepted after 6.30pm.





Chillax Hut

View Point Resort

Leave your cares behind when you enter the serenity of The Chillax Hut.

Experience the feeling of View Point in days gone by. The design of our Chillax Hut was inspired by the natural beauty of View Point and was built some 12 years ago. This charming traditional old-style hut has been renovated for you to enjoy a massage treatment in a simple but luxurious environment. The Chillax Hut is a place of tranquility which overlooks the turquoise blue sea and is surrounded by lush tropical greenery.

Discover the calming spirit of our Chillax Hut at View Point Resort where we offer treatments to improve mental quietude, mind relaxation and spiritual balance.

Our treatments are created by combining the best of Thai traditional massages, aromatherapy secrets and ancient ayurvedic treatments.



Our Philosophy

We believe in bliss, utter joy and contentment. We use nature's beauty and intelligence to awaken your senses and nurture your mind, body and spirit.

Natural ingredients

The Chillax Hut utilizes beneficial treatments developed with a fusion of natural ingredients. These ingredients are applied using ancient and modern techniques.



TRADITIONAL THAI MASSAGES

Traditional Thai massage and the use of natural herbal remedies are considered as Ancient Arts in Thailand. Traditional Thai Massages date back from the time of Buddha, over 2,500 years ago. Legend has it that as the monks gathered around Buddha, they obtained knowledge of this form of massage - transmitted orally from teachers to students, from father to son until the mid-twentieth century.

Thai traditional medicine considers that energy circulates in the body through “Sen-Lines” (similar to Meridians).

Traditional Thai Massage

90 Minutes

THB 900

The purpose of the traditional Thai massage is to help the energy circulate and to unblock areas that cause pain by applying prolonged pressure on the Sen Lines and by stretching the muscles.

Thai massage helps with digestion, headache, neck and back pain. It improves blood circulation and flexibility, strengthens the immune system, tones the nervous system and leaves you relaxed and balanced.

Traditional Thai Head, Back & Shoulder Massage

60 Minutes

THB 600

Spending days hunched over a computer, behind a driving wheel or simply sitting with a bad posture puts a lot of pressure in the neck and shoulders, resulting in headaches, stiff shoulders and a lack of flexibility in the neck.

By working from your lower back up to the top of your head, the therapist will soothe away tension in your upper body, break down knots and improve your flexibility. This massage relieves headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized.



KOH TAO CLASSICS

Coconut Oil Massage

90 Minutes

THB 950

Coconut oil is famous throughout the world not only as an edible oil and hair tonic but also as an excellent massage oil. It contains vitamin E which is well known for its nourishing properties. The skin appears smoother, softer and younger. As a massage, it soothes and relax tight muscles.

Coconut Oil Massage & Herbal Compress Ball Therapy

90 Minutes

THB 1'300

A 60 minute coconut oil massage as described above followed by a 30 Minute Compress Ball Therapy

Practiced for hundreds of years, the Herbal Compress Ball Therapy relies on the use of hot compresses filled with a selection of herbs and spices. Steamed herbal balls are gently applied to specific points on the body releasing their healing benefits into the pores of the skin.

This massage provides deep relaxation while relieving stress and fatigue. It improves general health by reducing tension in muscles, tendons and ligaments, joint stiffness and pain and by increasing the blood and lymphatic circulation.

Aloe Vera Massage

45 Minutes

THB 750

Aloe Vera is known to encourage skin rejuvenation, healing of wounds and treatment of sunburn. It is also used to help in relieving arthritis pain, improving blood circulation, reducing scarring and has anti-inflammatory properties.

The Aloe Vera used for this massage is 100% natural and is grown in View Point Resort.

Foot Reflexology & Leg Massage

60 Minutes

THB 600

Reflexology is based on the notion that each body part is represented on the hands and feet (*the reflex areas*). Applying pressure to the reflex areas can promote health in the corresponding organs through energetic channels. The therapist will stimulate pressure points on your soles and other parts of your feet with her hands, fingers and thumbs, as well as using a wooden reflexology stick.

Reflexology promotes relaxation, improves blood circulation, reduces pain, soothes tired feet and encourages overall healing.



Sports & Remedial Therapy

Deep Tissue Massage

90 Minutes

THB 2'500

Full Body Treatment using specialised techniques, including Myofascial Release, to relieve muscular tension and stress from the body. You will feel mentally relaxed and centred. The increased blood flow helps to rid the body of toxins, giving vitality in the days ahead. A must have for those who seek total relaxation.

Sports & Remedial Massage Therapy

120 Minutes

THB 2'900

An exclusive treatment orientated for those who seek Pain Relief from long term musculo-skeletal complaints, sporting injuries, accidents, repetitive job issues.

In this 2hr session, your therapist begins with an in-depth consultation, postural assessment and appropriate muscle testing. Treatment consists of a variety of advanced techniques to break down adhesions and bunching within the muscles.

PNF Stretching, a complex and highly effective physical therapy technique, is used at the end of treatment to lengthen specific muscles, increase flexibility and restore balance within the body.

Can help with the following complaints

- Lower Back & Hip Pain
- Sciatica
- Chronic Neck & Shoulder Pain
- Headaches/Migraine



Facial Therapy

All treatments are given in your rooms.

Each facial begins with a full cleansing

A free 15 minute skincare consultation before each facial.

SIGNATURE FACIAL (THE WORKS!)

60 Minutes

THB 1'150

Our most popular treatment and for good reason. This facial begins with a full cleanse, Vitamin Peel and either a Papaya or Aloe Vera Scrub depending on your skin condition and preference. Full Extraction is included to ensure pores are free from any blemish and then another mask, Collagen Cream Massage to lift and firm. Finally a fresh ice compress will be used to seal the newly cleansed pores. This is skin decadence!

RELAX & REJUVENATE FACIAL

60 Minutes

THB 1'150

Time to relax and let go! This is our softest and least intrusive facial, great for sensitive skin or those that just want to be pampered. This includes a full cleanse, an Aloe Vera peel off mask, a cooling Collagen Mask (depends on your skin type), and an extended Collagen Cream Massage to truly drift off before your Ice Compress.

ANTI-AGING LIFT FACIAL

60 Minutes

THB 1'150

This facial is designed to hit the wrinkles. A Vitamin Peel and then the star of the show, a Snail Mask specifically designed for firming and lifting. You will then enjoy a Collagen Cream Massage to seal the deal before your Ice Compress. Your skin will not have felt better.

HERBAL CLEANSING FACIAL

60 Minutes

THB 1'150

(ORGANIC ALGAE CHARCOAL MASK)

For full extraction and to really tackle those blackheads and blemishes, this one is for you. A full and deep cleanse to open the pores and a full extraction to tackle all those tough spots. This facial includes a Papaya Scrub (not for sensitive skin) and an organic Algae Charcoal Mask. You're then treated to a Collagen Cream Massage and an Ice Compress to seal your newly cleansed pores.



EXPRESS FACIAL**35 Minutes****THB 800**

For a quick refresh the Express Facial includes a full cleanse, a basic extraction to clean pores and you can pick any mask or peel from the 'make your own' menu to design your own facial. You'll still be treated to a short Collagen Cream Massage and Ice compress to seal in your new fresh skin.

GENTELMEN'S FACIAL**60 Minutes****THB 1'150**

This relaxing and therapeutic facial exclusively for men focuses on cleansing, exfoliating congested skin and extractions. Included in this service is a facial massage!

ALL OTHER BEAUTY TREATMENTS**THREADING**

(Hair removal technique using cotton thread)

EYEBROWS**THB 400**

Professional threading with shaping on demand.

UPPER LIP**THB 250****FULL FACE****THB 550****EAR CANDLES****30 Minutes****THB 500**

Ear Candling is a safe, gentle and natural way to remove excess wax and debris from inside the ears.

